

Rescue Restore Redecorate®

# **ONE STEP PAINT**

# **Materials Needed**

- Amy Howard at Home® One Step Paint™
- Stir Stick
- 2 2" Round Hog's Hair Brush
- 2 2" China Bristle Brush
- Cardboard Palette
- Amy Howard at Home® Light Wax™
- Amy Howard at Home® Dark Wax™
- Amy Howard at Home® Dust of Ages™
- Degreaser
- Paper Towels
- T-shirt rags

Notes:		



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## HOW TO

\*Turn can upside-down 30 minutes prior to painting to help the chalk release from the bottom of the can.

- 1. Use degreaser and wipe down object's surface to clear any dust, dirt, etc.
- 2. Once clean, wipe off with t-shirt rag and water.
- 3. Thoroughly shake the One Step can for 1-2 minutes.
- 4. Open lid of One Step with can opener and then thoroughly STIR with stir stick. Depending how well the chalk has settled, you may need to shake, stir, shake, stir, until the paint is mixed well.
- 5. Use brush to coat your object with a nice, even coat of One Step Paint. Do not apply the paint too thick as it could crack when drying.
- 6. Once object is covered in one coat, allow it to dry for 30-45 minutes.
- 7. Apply second coat of One Step Paint.
- 8. Allow to dry for 30-45 minutes. You want this second coat to be completely dry if you plan on applying wax

\*\*If you desire your piece to have that beautiful, dead, chalky finish, you are finished! There is NO sealing required with One Step Paint.

### If you want your piece to have that authentic antique look, we can continue on using the Amy Howard at Home waxes and dust.

- 9. Using a China Bristle Brush and the light wax, get just enough wax to cover the tips of the bristles.
- 10. Use the cardboard palette to offload some wax from the brush. \*Always offload you should never go directly from the wax to your piece.
- 11. Apply the light wax over the entire piece moving the brush in a "cross hatch" pattern not long, symmetrical strokes.
- 12. Allow to dry for about 20 minutes long enough for the piece to come to "tack".
- 13. Use a China Bristle Brush to lightly apply the Amy Howard at Home Dark Wax. Again, do not want to overwhelm the brush with wax.
- 14. Use the cardboard to offload excess wax from the brush. \*Do not apply the Dark Wax too heavily.
- 15. Different from the Light Wax, use the brush to "feather" the Dark Wax over specific areas where the piece would naturally become worn like the edges of a piece of trim or the crevices of a cabinet door or picture frame. \*The goal is to use the Dark Wax on roughly 20% not to cover the entire piece.
- 16. Allow the dark wax to come to "tack" (about 20 minutes). This will allow the Dust of Ages to adhere to the piece.
- 17. Use the Amy Howard at Home Dust of Ages to cover your entire piece, especially in the crevices and ridges. This will give your piece age and character.
- 18. Use a dry, clean China Bristle Brush to pounce/push the Dust into the corners, ridges and crevices. Apply enough pressure to allow the bristles to get the dust down into the crevices!
- 19. Brush the excess Dust of Ages onto the palette and put back in the container as it can be reused.
- 20. Use a T-shirt rag to buff your piece like you would buff a shoe (hit-drag motion) to get that beautiful patina shine. This buffing will allow your piece to have that authentic aged look.
- 21. Now you get to "Enjoy the Bragging Rights!"

Notes:			



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# A&D

#### What can I paint with One Step Paint?

You can use One Step Paint on Metals, Plastic, Fabric, and Glass!

### What do I need to do to prepare my piece for One Step Paint?

You simply need to clean it with a degreaser and rinse with water. No sanding, stripping, or priming is necessary.

#### How safe is One Step Paint?

One Step Paint has no methanol and no VOCs.

## Can I apply One Step Paint with a sprayer?

Yes - but you will need to dilute the paint with water first.

### Where is One Step Paint made?

One Step Paint is proudly made in the U.S.A.

# Step by Step



Turn can upside down for 30 minutes



Clean piece with degreaser / rinse with water



Using a crosshatch pattern, paint your furniture



Apply Light Antique Wax



Apply Dark Antique Wax



Apply Dust of Ages



Buff with t-shirt rag



Paint can be applied to metal



Paint can be applied to lacquered surfaces